

Every Clinic a “Blue Zone”

Where Regenerative Medicine is Preventative Medicine

Wild Wellness Naturopathic and Integrative Medicine - dedicated to the wild proposition that happiness is essential to physical health and longevity. We believe that by combining the traditional wisdom of the happiest people on earth with innovative anti-aging medicine we can reverse disease, prevent disease, optimize each patient’s unique physiology, and empower everyone to live longer, healthier, and happier lives. Dr. Reilly practices by teaching universal lifestyle and cultural practices, or habits, he calls “The Roots of Wellness.”

At Wild Wellness, we believe that the longest lived and happiest people on earth have discovered traditions for healthy living that should be the example for everyone, and that health-span and lifespan are both intrinsically linked to lifestyle, community, and nutritional practices which the longest lived and happiest societies on earth practice. You have heard or seen reporting about those unique locations where people live to very advanced age and remain in good health. These areas have been termed “Blue Zones.” Holistic cultural and personal practices followed in those locales helps inform “The Roots of Wellness” and our clinical approach at Wild Wellness Integrative Medicine. “The Roots of Wellness” builds upon these traditional practices, treating our patients as if they are family, and creating a culture of health and respect.

Additionally, Dr. Reilly has found that assisting people in managing their cardiovascular and respiratory health risks while alleviating pain usually enhances state of mind, body, spirit, and their interpersonal relationships.

At Wild Wellness we focus on preventative medicine, weight management, and anti-aging medicine to allow our patients to enjoy life naturally with minimal use of pharmaceuticals or surgery.

Our philosophy is simple yet profound. Happiness is healthfulness and the most common side effect of a happy and healthy life is a longer life.

Our patients tell us that practicing "The Roots of Wellness" often leads to self-awareness, emotional growth, and relief from both mental and physical pain. At Wild Wellness we use both modern and traditional medicine, cellular biochemistry as well as universal truths, to improve balance, relieve pain and restore vitality.

With the knowledge that the conventional model of care in the USA has a delay from evidence-based research to in-clinic application of nearly 17 years, we do not practice medicine with decades old science unless that science remains valid. We use modern advances like bio-puncture, peptides, bio-identical hormones, therapeutic injections, low level laser light therapy, ultrasound, and IV's alongside traditional nutrient, botanical, and physical medicine (naturopathic manipulation) to provide a more human centered approach to medicine.



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Also, we view ourselves as scientists and healers. Healers listen, share, and grow with their patients. Part of the core values of Wild Wellness is that we listen to every patient. That is why we limit the patient load of each practitioner, to provide our patients with expanded time with our physicians. We care and we guarantee to spend a minimum of 30 min. with existing patients and at least 60 minutes with all new patients.

Wild Wellness Integrative Medicine strives to provide comprehensive healthcare for our patients and to provide available, affordable, and practical healthcare, which is patient focused, family centered and highly beneficial.

Our goal is to ensure you leave feeling empowered and healthier than when you arrived.

Become a member at “Wild Wellness” and experience Naturopathic Primary Care Medicine for yourself!